Who We Are

Specializing in full-service pediatric care with 24-hour on-call hospital care, our board certified pediatricians provide quality and accessible healthcare in the California cities of Riverside and Perris. Our clinics are near the hospitals wherein our patients receive care, namely Riverside Community and Parkview Community. Our medical director Timothy D. Watson, M.D. is the current President of the Riverside County Medical Association (RCMA). Together, Dr. Tim Watson, Dr. Faize Mustafa-Infante, and Dr. Edilberto Agas provide patient care services within the clinics and local hospitals. Certified physician assistant, Kaneez Ali, and Certified Pediatric Nurse Practitioners, Karin Colunga, and Lauren Hunt assist the physicians in providing compassionate clinical services at both offices. We also provide 24-hour English and Spanish patient advice. Our experienced office manager, Norma Lerma, facilitates efficient and pleasant office experiences. Our quality and experienced staff provide gentle and caring services to our precious patients.

Contact Us

Riverside Location:
6926 Brockton Avenue Ste. 6
Riverside, CA 92506
(951) 779-1670

Perris Location:
215 W. 4th Street
Perris, CA 92560
(951) 943-4751

Email: customerservice@missionpediatrics.com
Web: www.missionpediatrics.com

WWW.MISSIONPEDIATRICS.COM

Food Diary

WWW.MISSIONPEDIATRICS.COM

Instructions

Please list EVERY meal, EVERY drink and HOW MUCH for one month.
Make sure that you keep this diary at home.
Carry a small notebook to school or when you leave to jot down notes for this diary.
Make sure that you eat breakfast, lunch and dinner EVERY day. If not, please write (Skipped, and explain WHY you skipped that meal).

Example (not necessarily a healthy example):

January 1, 2014
7:30a.m. Breakfast: One waffle with syrup. Two scrambled eggs. Cup of
             milk
11:00a.m. Snack: Small Bag of Hot Cheetos™, Water from Fountain
12:30p.m. Lunch: Corndog with mustard, Coke™, Bag of Hot Cheetos™
2:00p.m. After School: Two Cups of Orange Juice, leftover Chinese food
             noodles
7:00p.m. Dinner: Two Chicken Legs, Cup of Broccoli, Cup of Mashed
                     Potatoes, water
9:00p.m. Before Bed: Bowl of Fruit Loops™ and milk

January 2, 2014
7:30a.m. Breakfast: Skipped breakfast because I woke up late
11:00a.m. Snack: Dr. Pepper™ from vending machine
12:30p.m. Lunch: Bag of Flamin' Hot Cheetos™, Half Cup of Tapatio™,
             Crisco™ sandwich
2:15p.m. After School: Cold French Fries (large), four Stale Nilla Wafers™
6:45p.m. Dinner: Bowl of Captain Krunch™and milk, box of Red Vines™
             One green bean
10:00p.m. Before Bed: half gallon of Brever's™ Chorizo Ice Cream

Mission Statement

- To provide high-**quality**, whole-person pediatric **care** with emphasis on **excellence** and **compassion**.
- To actively promote **healthy** living, healing and overall **improved** patient health to **include** the under-served patients in our **community** and beyond.
- To combine the art of **good** medical **teaching** with humor and **cheerfulness** such that both the provider and the patient are **satisfied**.

Vision

- Mission Pediatrics is recognized in the community for its quality, excellence, ethics, compassion and caring service. We provide this by maintaining a culture of teamwork and conscientiousness and by strongly emphasizing teaching both to promote health and to prevent illness & disease.
- We view patient care as an investment in the future health of the nation and thus take our mission very seriously, but not without incorporating whimsy and humor in the patient experience. We all remember being kids and many of us have children of our own — adding to the empathy we bring to each patient encounter.
- Each provider on our team bears a special interest in maintaining access to include the underserved by gently treating each patient and their family with dignity and compassion. We truly view our service as a mission.
- Not only do we seek to be on the forefront of pediatric quality care by actively participating in multiple medical societies and in pediatric policy-making, we also aim to promote this message beyond our community as opportunities arise.

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